

Breakfast

7.00am to 11.00am

Oatmeal Porridge V LF	70
Pear, raisin, chia and cinnamon with your choice of milk	
Granola Crunch R N V GF LF	85
Tropical fruit, nut and seed clusters with mango and coconut yoghurt	
Flat Bread R N V GF LF	95
Cashew hummus, tomato, cucumber, shaved cauliflower salad on walnut, zucchini, chia flatbread	
Avocado Toast N V LF	110
Tomato, pomegranate and chickpea salad with nut cheese on toasted sour dough with crushed avocado	
	Add cage free soft-boiled egg 30
Green Monk V LF	80
Miso broth, tofu, seaweed, spinach, shiitake mushrooms, edamame, sorghum, spring onions	
	Add cage free soft-boiled egg 30
24 Hour Golden Beef Bone Broth GF LF	100
Lemongrass, turmeric, black pepper infused, fine herbs served on the side	
Shakshuka	110
Baked cage free eggs in spiced tomato, red pepper and harissa sauce with feta served with toasted sourdough	
Grilled Cheese and Kimchi	110
Open-faced kimchi, tomato, provolone cheese on toasted sourdough	
Smoked Salmon Bagel SS	150
Smoked salmon, lemon-scented cottage cheese, cucumber, capers, lemon and dill	
Smoked Turkey Bagel	150
Shaved turkey, dried cranberry relish, cucumber, cream cheese, avocado, watercress	

R denotes dishes adhering to raw food principles **N** denotes dishes containing nuts **V** denotes dishes containing vegan **GF** denotes gluten-free dishes **LF** denotes lactose-free dishes **LS** denotes locally sourced dishes **SS** denotes sustainably source dishes.

All prices are in thousands of Rupiah and are subject to a 16 per cent tax and service charge

All Day Dining

Build Your Own Salad

See our board and display cabinet for the selection

Small 60 Medium 90 Large 130

Add a plant-based protein or protein

40/45

Add house-made gluten-free crackers

25

Add a grain

30

Wholemeal Quiche or Frittata of The Day GF

55

Served with your choice of salad

80

Green Monk V LF

80

Miso broth, tofu, seaweed, spinach, shiitake mushrooms, edamame, sorghum, spring onions

Add cage free soft-boiled egg

30

24 Hour Golden Beef Bone Broth

100

Lemongrass, turmeric, black pepper infused, fine herbs served on the side

Poke Bowl LF LS SS

140

Raw tuna, edamame, avocado, cherry tomatoes, pickles, seaweed, brown rice, Japanese dressing

Flat Bread R N V GF LF

95

Cashew hummus, tomato, cucumber, shaved cauliflower salad on walnut, zucchini, chia flatbread

Avocado Toast N V LF

110

Tomato, pomegranate and chickpea salad with nut cheese on toasted sour dough with crushed avocado

Add cage free soft-boiled egg

30

Our BIG Salad Sandwich V LF

110

Hummus, carrot, avocado, beetroot, spinach, sprouts on multigrain bread

Daily Bagel

150

See the cabinet for the daily selection

Daily Sandwich on Multigrain Bread

110 / 150

See the cabinet for the daily selection

Daily Toasted Sour Dough Focaccia

110 / 150

See the cabinet for the daily selection

R denotes dishes adhering to raw food principles **N** denotes dishes containing nuts **V** denotes dishes containing vegan **GF** denotes gluten-free dishes **LF** denotes lactose-free dishes **LS** denotes locally sourced dishes **SS** denotes sustainably source dishes.

All prices are in thousands of Rupiah and are subject to a 16 per cent tax and service charge