



COMO
SHAMBHALA

WELLNESS BEGINS
WITHIN

OUR ANNUAL MEMBERSHIP FEES

By becoming a member of COMO Shambhala Singapore, you can put your wellness first with the full support of our expert team.

We will advise on a sustainable rhythm to your wellness regime, beginning with a complimentary induction, wellness questionnaire, fitness consultation and body scan.

We will then support your wellness ambitions with exclusive access — including priority bookings for spa and health technologies, and complimentary access to our VIP wellness talks and events.

All members have complimentary use of our lockers, changing rooms and shower facilities with COMO Shambhala hair and bodycare amenities.

All Gold and Silver members receive six guest passes annually, which can be used for complimentary access to the contrast therapies per month (select from infrared sauna or ice bath).

Gold and Silver members can freeze payments within their annual memberships for two months, Bronze members can enable this option for one month.

Gold Membership: \$2,990 per month

- Unlimited personal training (up to 5 sessions a week)
- Unlimited gym access
- Unlimited group mat classes (yoga, Pilates, breathing, meditation)
- Unlimited use of red-light therapy room
- 2 contrast therapies per month (select from infrared sauna or ice bath)
- 2 hyperbaric oxygen therapies per month
- 2 massages per month
- 1 facial per month

Silver Membership: \$1,990 per month

- Unlimited gym access
- 90 personal training sessions per year
- Unlimited use of red-light therapy room
- 2 contrast therapies per month (select from infrared sauna or ice bath)
- 1 massage per month

Bronze Membership: \$990 per month

- Unlimited off-peak access, from 1pm to 5pm daily, to gym, group mat classes and red-light therapy room
- Introductory fitness consultation
- 1 personal training session
- 1 massage per month
- 1 facial per month