



Vital Statistics: COMO Metropolitan Bangkok, Thailand

Address:	COMO Metropolitan Bangkok 27 South Sathorn Road Tungmahamek, Sathorn, Bangkok 10120, Thailand
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Email:	met.bkk@comohotels.com
Website:	comohotels.com/metropolitanbangkok
Opening Date:	October 2003
Owning Company:	Seaside Properties (Thailand) Co Ltd
Managing Company:	COMO Hotels and Resorts (Asia) Pte Ltd
General Manager:	Rohaan Chandra
Interior Designer:	Kathryn Kng
Staff Uniform:	Comme des Garçons, shoes by Calvin Klein
Location:	South Sathorn Road, in Bangkok's Central Business District. The capital's major shopping areas are minutes away.
Getting There:	Thai International (thaiairways.com) British Airways (britishairways.com) Qantas (qantas.com) Singapore Airlines (singaporeair.com) Emirates Airlines (emirates.com)

These airlines are examples of many that service Bangkok International Airport, a 40-minute taxi transfer to the hotel. Suvarnabhumi Airport and Don Mueang International Airport, both also in Bangkok, offer further access to far-reaching destinations.



Accommodation:

160 rooms and 9 suites, including:

28 City Rooms (26-39sq m/ 280-420 sq ft): These comfortable, air rooms perfectly reflect COMO Metropolitan Bangkok's clean-line style. The large bathroom has a shower, while the queen-size bed is flanked by an L-shaped teak bench.

7 Studio Rooms (43sq m/ 463sq ft): These light-filled, king-size bedrooms promise generous desk space and a comfortable sitting area loaded with Thai-silk cushions. The limestone- and mosaic-tiled bathrooms have a separate bathtub and shower.

121 Metropolitan Rooms (51-54sq m/ 549-581sq ft): These are the largest deluxe king-size or twin bedrooms in Bangkok. A Ming-style chair made from natural teak and rattan is a unique feature.

4 Terrace Rooms (80sq m/ 861sq ft): These ample suites include a large private patio with clean-lined landscaping, a relaxed sitting area and refreshing outdoor shower. Inside, find a king-size bed, an L-shaped teak bench, and work desk.

4 Executive Suites (80sq m/ 861sq ft): With a connecting living room and bedroom, ensuite bathroom and separate guest toilet, these suites are among the hotel's bestsellers. They are steeped in light, with the living room well laid out for private meetings.

4 Penthouse Suites (150sq m/ 1,615sq ft): Approached via a private corridor dressed with teakwood carving, our four duplex king-size suites on the hotel's 11th floor are bathed in sunshine. Electronically operated Thai-silk curtains open to reveal excellent pool or city views. There is an open-plan living space with a Helen Yardley rug and Patricia Urquilo sofa, with a spacious work area and Jacuzzi.

1 COMO Suite (240 sq m/ 2,583sq ft): On the 11th floor, this duplex two-bedroom suite has exceptional views and comes with personal butler services and a private lift. Interior highlights include a red lacquer cabinet and a custom-designed hand-blown ceiling light. There's a dining room, living room, fully-equipped kitchen, a generous work area and two guest rooms. Both bedrooms offer king-size beds and large walk-in wardrobes. Bathrooms feature Jacuzzi tubs.



Room Facilities:

Internet-ready smart TV
COMO Shambhala bath amenities
Nespresso coffee machine
USB socket outlets
Bose Wave SoundTouch music system
Separate rainforest and hand showers
Yoga mat
Egyptian cotton linen
Fine goose down duvet
Electronic personal safe
Private bar
Hairdryer
Individually controlled air conditioning
Dual-line phone with voicemail
Complimentary Wi-Fi
Complimentary fresh fruit daily

Guest Services:

Complimentary use of COMO Shambhala Urban Escape and gym
Club 21 Gallery (shopping)
Personal trainer Limousines
Valet parking
Travel and tour assistance
24-hour concierge service
24-hour room service Babysitting
Foreign exchange
Personal shopping assistance
Multilingual hotel staff
Safe deposit boxes
Laundry, dry cleaning and pressing services
Steam iron and ironing board
Daily maid service and evening turndown
Express check-out
Complimentary Wi-Fi

Restaurants:

nahm has consistently ranked in the top 10 restaurants in Asia on the annual San Pellegrino and Acqua Panna list. In 2017, in addition to earning a coveted Michelin star, nahm was also awarded 28th place in a list of The World's 50 Best Restaurants. nahm values the strong, fresh flavours of traditional Thai cuisine, and delivers surprising tastes and textures in dishes of all varieties. The restaurant seats 110 and has three private dining rooms for up to 40 guests, as well as outdoor seating.

glow, seats up to 82 guests, showcasing healthful, natural and organic COMO Shambhala Cuisine with an emphasis on fresh ingredients.



- Dining Options:** Breakfast and lunch at glow
Thai lunch and dinner at nahm
All day in-room dining menu
- Guest Wellbeing:** COMO Shambhala Urban Escape
- Treatments:** Asian-inspired holistic therapies developed by COMO Shambhala.
Treatments are also available in-room.
- Retreat facilities:** 1,200sq m (second floor) including:
- 10 treatment rooms
 - Yoga/ movement studio
 - Separate female/ male steam rooms
 - Separate female/ male hydrotherapy pools
 - Fully equipped state-of-the-art gymnasium
 - 25m lap pool (first floor)
 - Retail Shop
 - Hair salon
- Events / Meetings:** Three event rooms: Ivory I, Ivory II, and the Met boardroom.
Ivory I and Ivory II can accommodate up to 100 people, while the Met boardroom can accommodate up to 11 people. There are also Suites for small meetings as well as personal meeting butlers for fuss-free proceedings.
- Tel:** +66 2 625 3333
- Email:** res.met.bkk@comohotels.com
- GDS Access Codes:** Private label chain CV
Sabre 22268 Amadeus BKK885
Worldspan 1885
Galileo/Apollo 63923



HOTEL SYNOPSIS: COMO Metropolitan Bangkok

In October 2003, COMO Hotels and Resorts – the name behind private island resorts like COMO Parrot Cay in the Turks and Caicos Islands, and adventure retreats like COMO Uma Ubud – opened COMO Metropolitan Bangkok. It was the company's second Metropolitan property (the first opened in London in 1997). COMO Metropolitan Bangkok is located at the city's heart in the Central Business District, minutes from Bangkok's major shopping areas and a 40-minute transfer to the International Airport. It is removed from Bangkok's traffic but close to the city's buzzing nightlife, tucked away on South Sathorn Road.

The hotel has 169 rooms, including four Penthouse Suites and the two-bedroom COMO Suite. Even the smallest rooms – the 28 City Rooms, at 26sq m to 39sq m each – are generous, with ample space a key facet of the hotel's design. This is achieved with a sleek, contemporary aesthetic created by Kathryn Kng, Singapore's most innovative interior architect.

Kng's past work includes fashion stores for Issey Miyake, Christian Dior and Emporio Armani. More recently, she has worked on the interior conversion of the Four Season Island Explorer, a five-star diveboat launched December 2002 in the Maldives. Kng comes to COMO Metropolitan Bangkok as one of COMO Hotels and Resorts' favourite designers. She also developed the interior aesthetic for COMO Uma Paro in Bhutan.

Kng creates sophistication through the unconventional combination of materials – fresh and original, acknowledging influences from both the East and West, using natural properties. At COMO Metropolitan Bangkok for example, the lobby uses Dark Emperador marble from Spain. These airy interiors are filled with light – the work of Isometrix, a London-based lighting company set up by architect Arnold Chan. In recent years, Isometrix has collaborated with major interior designers including Calvin Tsao, Christian Liaigre and John Pawson on hotels, boutiques and restaurants worldwide. The company's architectural approach underlines the simple sophistication of a beautiful, well-conceived space.

The detailing is also important, and includes carefully sourced Asian antiques. For example, the hotel's four Penthouse Suites and COMO Suite share an 11th floor corridor dressed with teakwood carving, Chinese 'horseshoe' chairs and temple bells. Step aside, and the Penthouse Suites feature original Helen Yardley-designed rugs, Patricia Urquilo sofas, Artemide Melampo table lamps and bamboo coffee tables from northern Thailand. Highlights of the COMO Suite include a red lacquer cabinet and a custom-designed ceiling light in handblown red and orange glass.

All other rooms feature one-off pieces by Natee Utarit, a Thai artist considered to be among the country's most exciting young talents. Utarit lives and works in Bangkok, and exhibits regularly, with a history of acclaimed solo shows across Asia.



Luxury details range from mosaic and limestone bathrooms, to private terraces (selected suites only), to Thai silk cushions and curtains, as well as COMO Shambhala bathroom amenities. Floor-to-ceiling windows are another conspicuous feature.

But it is not just design that has secured COMO Metropolitan Bangkok's iconic status. Service is energetic, with consistent attention to detail. It has flair, with the hotel's Concierge imparting a level of local knowledge that allows each guest to feel like a Bangkok insider. Staff wear uniforms by Comme des Garçons, with shoes by Calvin Klein.

In-room technological specifications are state-of-the art, and include high speed broadband Internet with wireless LAN option, a 32-inch LCD TV and a DVD player.

Cuisine is a key element of the hotel experience. For the last five years, nahm has consistently ranked in the top 10 restaurants in Asia in the annual San Pellegrino and Acqua Panna list. In 2017, in addition to gaining a coveted Michelin star, nahm was also voted number 28 in a list of The World's 50 Best Restaurants.

nahm is helmed by Chef Pim, who is making news as this multi-award-winning restaurant's first female chef. Chef Pim upholds nahm's original roots in traditional Thai cuisine while also injecting her personal style and flavours.

glow is an 82-seat restaurant serving fresh food only – rendered as light meals, energising juices and blends rich in living enzymes, vitamins and minerals. This healthful slant is in line with the COMO Shambhala menus first developed at COMO Parrot Cay.

Appropriately, glow is located adjacent to COMO Shambhala Urban Escape.

To provide a counterpoint to this urban energy, COMO Metropolitan Bangkok has a substantial 1,200sq m COMO Shambhala Urban Escape designed for guests seeking greater health through yoga and other related treatments. There is a yoga studio, fully-equipped gym, hydrotherapy pool and a 25-m outdoor pool.

Guests can also take advantage of COMO Shambhala's Asian-inspired therapies in our 10 treatment rooms. These range from specific body treatments to facials and massages, delivered by experienced practitioners who customise treatments according to individual needs.

For those in Bangkok on business, the hotel's location puts it among the top venues for events, from cocktail parties to private lunches, press days, TV screenings, fashion shows and interviews. The three state-of-the art meeting rooms accommodate up to 100 people. A personal meeting butler is available to ensure fuss-free proceedings.



ABOUT COMO GROUP AND COMO HOTELS AND RESORTS

Headquartered in Singapore, The COMO Group represents Christina Ong's unique vision of contemporary living. The COMO Group encompasses the hospitality collection known as COMO Hotels and Resorts, the international luxury fashion retailer Club 21, the award-winning wellness concept COMO Shambhala and the philanthropic COMO Foundation.

COMO Hotels and Resorts offers personalised luxury travel experiences through individualised service, commitment to holistic wellness and award-winning cuisine. Each hotel is developed in response to the destination it inhabits, including COMO The Halkin in London, COMO The Treasury in Perth, Australia, COMO Castello Del Nero, Tuscany and three COMO Metropolitan hotels in London, Bangkok and Miami Beach. COMO's resort portfolio encompasses COMO Parrot Cay in the Turks and Caicos, COMO Cocoa Island and COMO Maalifushi in the Maldives, COMO Point Yamu in Phuket, Thailand, and four COMO Uma experience resorts in Bali and Bhutan, including the newest resort, opened in 2018, COMO Uma Canggu.

COMO also manages COMO Shambhala Estate in Bali, in partnership with COMO's sister brand in wellness. This flagship wellness retreat offers an integrative and immersive restorative experience that enables real and lasting improvements to one's health. COMO Shambhala products, services, cuisine, treatments and spa facilities are available within every COMO hotel and resort.

Younger guests are also encouraged to enjoy COMO's renowned service, design, cuisine and approach to wellness, through Play by COMO. This approach is our way of delivering personalised family experiences. Play by COMO is available at COMO Maalifushi, COMO Parrot Cay, COMO Point Yamu and COMO Uma Canggu, with dedicated Play spaces available.

City Hotels: COMO Hotels and Resorts' urban properties include COMO The Halkin in London's Belgravia, the COMO Metropolitan hotels in London, Bangkok and Miami Beach, and a city hotel in Perth, Australia, called COMO The Treasury. All five hotels feature award winning chefs, a contemporary aesthetic and exceptional service.



Resorts: COMO's private resorts offer a range of water-based excursions, including fly fishing, paddleboarding, kayaking, snorkelling and some of the world's best diving and surfing. To this we add island adventures and cultural trips, such as bike rides and temple visits. COMO Point Yamu on the island of Phuket in Thailand combines contemporary style with dramatic views overlooking the Andaman Sea and the limestone stacks of Phang Nga Bay. The understated style and laid-back nature of COMO Parrot Cay in the Turks and Caicos, COMO Cocoa Island and COMO Maalifushi in the Maldives are underlaid by the exacting service that has become a COMO hallmark. World-class cuisine and holistic wellness treatments at our COMO Shambhala Retreats complete COMO's approach to a perfect beach holiday. The COMO Uma properties in Bhutan and Bali introduce the rich cultural heritage and local traditions that are unique to these dramatic destinations. Specialist guiding, treks and tours, physical activities and tailor-made programmes ensure memorable insights into some of the world's most pristine locations. The COMO Uma properties include COMO Uma Ubud in Bali's cultural heartland, COMO Uma Canggu on the island's south coast — complete with a new COMO Beach Club — and in Bhutan, tucked into two distinct Himalayan valleys, COMO Uma Paro and COMO Uma Punakha. All the Uma lodges incorporate local design and cuisine while providing an unmistakably COMO experience. Our latest addition to the COMO Group is COMO Castello Del Nero – a historic 740-acre estate dating back to a twelfth-century Tuscan castle. The estate has its own vineyard, bee hives and olive groves, which supply the hotel's restaurants, including Michelin-starred La Torre. COMO also provides powerful wellness experiences to guests at the hotel's COMO Shambhala Retreat.

Wellness Destination: COMO Shambhala Estate in Bali is a sanctuary for holistic wellness. Expert staff are goal-oriented, relevant and realistic in their consultative approach. Each guest's individual needs and ambitions determine the programme of nutrition, exercise, therapies and activities, while facilities and tropical villa-style accommodation are impeccably appointed. All of this is set in a clearing, rich with flora and fauna, above Bali's beautiful Ayung River.

Follow our adventures on [Instagram](#) @comohotels or chat to us on our [Facebook](#) page.



ABOUT COMO SHAMBHALA

COMO Shambhala is an award-winning wellness concept developed as a sister brand to COMO Hotels and Resorts. The company is headquartered in Singapore under The COMO Group. Running as a thread through COMO properties worldwide, COMO Shambhala promotes a healthy way of living, learning and eating well. The pursuit of balance is central to the approach, the word Shambhala translating as 'peace' in Sanskrit.

The COMO Shambhala resort experience combines Asian-based therapies, nutrition, exercise and yoga with a results-driven agenda managed by experts in holistic health. Weight loss, anti- ageing and stress management can all be addressed while staying in a spectacular part of the world. Facilities are state-of-the-art and usually include yoga rooms, Pilates equipment, hydrotherapy and Ayurveda. The flagship retreat is COMO Shambhala Estate in Bali, an award-winning wellness resort in Bali.

The COMO Shambhala city spa experience is attached to COMO's Metropolitan properties in Bangkok, Miami and London, as well as a standalone wellness centre with resident experts in Singapore.

COMO Shambhala Cuisine has been developed for those seeking better health through nutritional, low-calorie eating. Largely organic and often locally sourced, the cuisine replaces refined foods with naturally occurring sugars, and unhealthy fats with nutritious nuts and oils.

COMO Shambhala also produces a range of skin and bodycare products, COMO Shambhala At Home, made from all-natural ingredients. COMO Shambhala Active Living is the company's resort and activewear line, launched in 2007.



KEY BIOGRAPHIES: COMO Metropolitan Bangkok

Rohaan Chandra, General Manager

Rohaan was born into a family of hoteliers, spending his formative years growing up in a hotel. He studied at Les Roches Hospitality School in Switzerland and Cornell University in New York. Before joining the COMO team in 2015, he had worked in the hotel industry for 12 years, at both The Setai in Miami and The Legian in Bali.

Kathryn Kng, Interior Architect

Kat Kng, of Kathryn Kng interior design practice, is based in Singapore where she has a long-standing reputation for innovative, clean-lined aesthetics. This is evidenced in past work for the city's fashion stores, including Issey Miyake, Christian Dior and Emporio Armani. Kng has also worked on the interior conversion of the Four Seasons Island Explorer, a boutique-style diveboat launched in 2002.



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